

| Rang | Nr | Achternaam | Voornaam | Woonplaats | M/V | Categorie | Club | Tijd | km/u | min/km |
|------|-----|----------------|----------|----------------|-----|-----------|----------------------|----------|-------|--------|
| 1 | 781 | Laureys | Kenneth | Morkhoven | M1 | SEN | De Dorpspomp | 00:29:10 | 18.1 | 03:18 |
| 2 | 789 | Mannaerts | Jasper | | M2 | SEN | AVZK | 00:29:29 | 17.91 | 03:21 |
| 3 | 779 | Tavernier | Joris | Muizen | M3 | SEN | AV Lyre-Lierse | 00:30:25 | 17.36 | 03:27 |
| 4 | 775 | Valckx | Stefan | Keerbergen | M4 | MAS+35 | AVZK | 00:32:03 | 16.47 | 03:38 |
| 5 | 780 | De Preter | Niels | Heist o/d Berg | M5 | SEN | AVZK | 00:32:53 | 16.06 | 03:44 |
| 6 | 768 | Verschoren | Senne | Heist-Goor | M6 | SEN | Berglopers | 00:32:56 | 16.03 | 03:44 |
| 7 | 782 | Verschaeren | Geert | Heist o/d Berg | M7 | MAS+45 | AVZK | 00:32:57 | 16.02 | 03:44 |
| 8 | 771 | Blomme | Timothy | Tremelo | M8 | SEN | AVZK | 00:36:31 | 14.46 | 04:08 |
| 9 | 788 | Van Vlasselaer | Benny | Schriek | M9 | MAS+55 | ROBA | 00:36:32 | 14.45 | 04:09 |
| 10 | 762 | De Winter | Murielle | Heist o/d Berg | V1 | MAS+50 | Berglopers | 00:36:39 | 14.41 | 04:09 |
| 11 | 769 | Winckelmans | Tim | Heist o/d Berg | M10 | MAS+35 | Berglopers | 00:38:12 | 13.82 | 04:20 |
| 12 | 792 | De Wever | Stef | Heist o/d Berg | M11 | MAS+40 | RTT | 00:38:24 | 13.75 | 04:21 |
| 13 | 766 | Van Dyck | Werner | Beerzel | M12 | MAS+50 | Berglopers | 00:39:15 | 13.45 | 04:27 |
| 14 | 761 | De Bakker | Nele | Hallaar | V2 | MAS+35 | Berglopers | 00:39:24 | 13.4 | 04:28 |
| 15 | 786 | Teniers | Iris | Betekom | V3 | MAS+45 | AVZK | 00:40:46 | 12.95 | 04:37 |
| 16 | 770 | Wyns | Jos | Hallaar | M13 | MAS+70 | Berglopers | 00:43:25 | 12.16 | 04:56 |
| 17 | 763 | Kusseneers | Luc | Rumst | M14 | MAS+65 | Berglopers | 00:44:06 | 11.97 | 05:00 |
| 18 | 765 | Smets | Jean | Heist o/d Berg | M15 | MAS+50 | Berglopers | 00:44:11 | 11.95 | 05:01 |
| 19 | 784 | De Cock | Laura | Hallaar | V4 | SEN | | 00:44:14 | 11.94 | 05:01 |
| 20 | 791 | Verhoeven | Wim | Booischoot | M16 | MAS+55 | | 00:44:43 | 11.81 | 05:04 |
| 21 | 778 | Willems | Marc | Baal | M17 | MAS+55 | Bowling Tremelo | 00:45:06 | 11.71 | 05:07 |
| 22 | 790 | Verhoeven | Robbe | Booischoot | M18 | SEN | | 00:46:39 | 11.32 | 05:18 |
| 23 | 783 | Staelens | Iwan | Berlaar | M19 | MAS+40 | | 00:47:39 | 11.08 | 05:24 |
| 24 | 777 | Verhaegen | Marijke | Heist o/d Berg | V5 | SEN | | 00:51:08 | 10.33 | 05:48 |
| 25 | 772 | Clijmans | Mia | Vosselaar | V6 | MAS+55 | Loopgroep Beerse | 00:54:44 | 9.65 | 06:13 |
| 26 | 787 | Joos | Gerd | Langdorp | M20 | MAS+40 | ROBA | 00:54:50 | 9.63 | 06:13 |
| 27 | 776 | Vancampenhout | Guy | Vorselaar | M21 | MAS+55 | | 00:54:54 | 9.62 | 06:14 |
| 28 | 785 | Anthonis | Rudi | Tremelo | M22 | MAS+60 | Bowling Club Tremelo | 00:54:56 | 9.61 | 06:14 |
| 29 | 767 | Vanhee | Sabine | Heist o/d Berg | V7 | MAS+50 | Berglopers | 00:54:58 | 9.61 | 06:14 |